

# Article Exploring the Opportunities of Haptic Technology in the Practice of Visually Impaired and Blind Sound Creatives

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Abstract: Visually Impaired and Blind (VIB) people as a community face several access barriers when using technology. For users of specialist technology, such as Digital Audio Workstations (DAWs), 2 these access barriers become increasingly complex, often stemming from a vision-centric approach to 3 user interface design. Haptic technologies may present opportunities to leverage the sense of touch to address these access barriers. In this article, we describe a participant study involving interviews 5 with twenty VIB sound creatives who work with DAWs. Through a combination of semi-structured 6 interviews and a thematic analysis of interview data, we have identified key issues relating to haptic audio and accessibility from the perspective of VIB sound creatives. We introduce the technical and 8 practical barriers that VIB sound creatives encounter, which haptic technology may be capable of 9 addressing. We also discuss the social and cultural aspects contributing to VIB people's uptake of 10 new technology and access to the music technology industry. 11

Keywords: haptics, accessibility, visual impairment, music technology

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# 1. Introduction

This article explores the access barriers and wider issues salient to the workflows of visually impaired and blind (VIB) sound creatives, which are typically centred around the digital audio workstation (DAW).

We use the term 'VIB Sound Creatives' to denote anyone with a visual impairment who works creatively with sound, whether on a professional or hobbyist level. VIB people asist on a broad spectrum of sight loss which includes not only complete blindness but also varying degrees of light perception, peripheral vision, and the refractive issues of myopia and hyperopia. The term sound creative attempts to capture the plethora of diverse and distinct sound-oriented practices that people engage with creatively, such as music production, audio engineering, composing and DJing.

VIB sound creatives comprise a community of practitioners for whom existing music-24 technology software, particularly DAWs, present several accessibility barriers. Accessibility 25 tools commonly used by VIB people include screen-reading software, keyboard macros, 26 and braille displays. While these tools effectively provide access to digital materials such 27 as text-based content, significant gaps remain between a sighted person's experience of 28 specialist software, such as a DAW, and that of a VIB person. Our research has highlighted 29 how these gaps arise, primarily affecting how VIB users perceive the content of their DAW 30 and the efficiency with which they can manipulate software features. Through analysis 31 of interviews with twenty VIB sound creatives, we consider whether haptic technology 32 represents an untapped potential for improving VIB sound creatives' access to DAWs. We 33 consider how haptics might integrate with a VIB sound creative's existing workflow, and 34 indeed whether this reflects the priorities of the broader community. 35

The United Nations deem accessibility in all aspects of life to be a human right<sup>1</sup>. The International Standard Organisation (ISO) describes accessibility as the *"extent to which* <sup>37</sup>

https://www.un.org/development/desa/disabilities/convention-on-the-rights-of-persons-withdisabilities/article-9-accessibility.html

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# 2.1. Accessible Music Technology

In this article, we define accessible music technology (AMT) as any software or hard-48 ware elements which VIB sound creatives incorporate into their workflow. The specificity of this definition is crucial as the practice of VIB sound creatives is often underpinned by a 50 complex artefact ecology (Bødker and Klokmose 2011), including mainstream software and 51 hardware (sometimes adapted), open-source software extensions and scripts. It is essential 52 to capture this reality, regardless of whether the technology was initially designed with 53 accessibility in mind. 54

entangled nature of these two definitions warrants further investigation; however, this is

not the focus of this article and instead something we aim to address in a future publication.

#### 2.2. Screen Readers

Most VIB sound creatives use a text-to-speech (TTS) engine called a screen reader to 56 access their computers (Payne et al. 2020). The screen reader allows someone to navigate 57 and control a computer system using a combination of keyboard shortcuts and navigation 58 commands and hear the visible elements of the graphical user interface (GUI) spoken aloud. 59 This way, someone can use a computer without needing to interact with a mouse or look at the screen. For MacOS users, the only available screen reader is Apple's VoiceOver<sup>2</sup>. 61 VoiceOver is fully integrated with the MacOS architecture, comes free with every computer, 62 and cannot be replaced with a third-party product. On Windows, there are two primary 63 screen readers commonly in use; JAWS<sup>3</sup> (Job Access With Speech), a commercial product 64 designed by the company Freedom Scientific, and NVDA<sup>4</sup> (Non-Visual Desktop Access), a 65 free and open-source equivalent. 66

# 2.3. Digital Audio Workstations

DAWs are often the centrepiece of a sound creative's artefact ecology. Various compa-68 nies manufacture DAWs, and most share several standard capabilities, such as the examples 69 below.

- Recording, editing and processing of both audio and MIDI data. Supporting time-based transitions through parameter automation.
- Hosting third-party software instrument and audio effect plugins.
- Rendering to standard audio file formats.

#### 2.4. Additional Software

Some VIB sound creatives make use of additional software in their workflow. Optical 76 character recognition (OCR) is a method used to scan a GUI, identify any text elements, 77 and make them available to the screen reader for description and navigation. OCR can be 78 beneficial in situations where the GUI has not already been made accessible to a screen 79 reader by the software manufacturer. NVDA offers a free OCR addon<sup>5</sup>. VOCR<sup>6</sup> is an 80

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<sup>2</sup> https://www.apple.com/voiceover/info/guide/\_1121.html

<sup>3</sup> https://www.freedomscientific.com/products/software/jaws/

<sup>4</sup> https://www.nvaccess.org/

<sup>5</sup> https://addons.nvda-project.org/addons/ocr.en.html

<sup>6</sup> https://github.com/chigkim/VOCR

open-source VoiceOver OCR extension popular with the Mac users within our participant group.

Some VIB sound creatives use additional scripts with their screen reader and DAW. For example, the script Flo Tools<sup>7</sup> is popular among VIB sound creatives using the DAW Pro Tools<sup>8</sup> on MacOS. Pro Tools already boasts a significant level of screen-reader functionality<sup>9</sup>. However, Flo Tools expands the capabilities of Pro Tools, enabling VIB sound creatives to work more efficiently. Some VIB sound creatives consider Flo Tools a usability rather than an accessibility extension as all of Pro Tools' features are accessible without Flo Tools; however, the latter improves the workflow.

#### 2.5. Additional Hardware

The Komplete Kontrol<sup>10</sup> range of keyboards produced by Native Instruments supports the accessible manipulation of plugin parameters via TTS feedback, instigated by the operation of hardware controls but delivered via the computer. To this end, Native Instruments developed the Native Kontrol Standard (NKS)<sup>11</sup> protocol. Third-party software companies following this protocol can benefit from the same degree of accessibility via the Komplete Kontrol hardware.

Some VIB sound creatives also use braille displays in their accessible workflows. Braille displays are physical devices that manipulate small cells on a tactile interface to simulate braille embossed on paper. These displays can interface with the computer and change cell state to represent the text currently focused on the screen. Most displays also allow someone to enter text in place of a typical QWERTY keyboard.

#### 2.6. Industry

Several prominent software manufacturers have recently announced commitments to 103 make their technology VIB accessible. A number, such as Native Instruments mentioned 104 above, have released technology featuring components designed specifically with visual 105 accessibility in mind. The industry is taking steps in the right direction, in part thanks to 106 the advocacy of VIB sound creatives, but we would also like to note that these commercial 107 products require a monetary outlay. A thriving community of open-source community 108 developers offer users alternative tools at zero cost. For example, the OSARA<sup>12</sup> accessi-109 bility extension commonly used with the DAW Reaper<sup>13</sup> is open source, free to use, and 110 developed in close communication with the developers of Reaper itself. 111

#### 2.7. Online Communities

For completeness, it is vital to acknowledge online communities' role in providing and 113 supporting accessible DAW workflows. Examples of such communities include Reapers 114 without Peepers<sup>14</sup>, the Pro Tools Accessibility Google group<sup>15</sup>, the Logic Accessibility 115 Google group<sup>16</sup> and the MIDI Mag mailing list<sup>17</sup>. Amongst other things, these communities 116 are a place for VIB sound creatives to seek technical advice regarding access solutions and 117 music production techniques. Members of these communities benefit from one another's 118 experience, for example, by checking the degree of accessibility of certain music-technology 119 products before committing to a purchase. 120

<sup>9</sup> https://www.stevebaskis.com/ptaccess/

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<sup>&</sup>lt;sup>7</sup> https://flotools.org/

<sup>&</sup>lt;sup>8</sup> https://www.avid.com/pro-tools

<sup>&</sup>lt;sup>10</sup> https://www.native-instruments.com/en/catalog/komplete/keyboards/

<sup>&</sup>lt;sup>11</sup> https://www.native-instruments.com/en/specials/komplete/this-is-nks/

<sup>&</sup>lt;sup>12</sup> https://osara.reaperaccessibility.com/

<sup>&</sup>lt;sup>13</sup> https://www.reaper.fm/

<sup>&</sup>lt;sup>14</sup> https://groups.io/g/rwp

<sup>&</sup>lt;sup>15</sup> https://groups.google.com/g/ptaccess

<sup>&</sup>lt;sup>16</sup> https://groups.google.com/g/logic-accessibility

<sup>&</sup>lt;sup>17</sup> https://www.freelists.org/list/midimag

HCI researchers in related fields have proposed haptic technologies to address access barriers that VIB people encounter. Commonly, haptic technologies are considered a means of presenting additional sensory information to a technology user, often to replace the visual modality.

O'Modhrain et al. (2015) provide an overview of existing technologies with the potential to represent visual media through refreshable tactile displays and the kinds of data and media which could be displayed with them. Three common tasks proposed for haptic technologies and accessibility are *data representation, navigation* and *communication*.

Typically, numeric data is represented through visual methods such as graphs; con-130 cepts such as software architecture or algorithms are often presented as flowchart diagrams; 131 and 'concept maps' or 'mind maps' are common ways of organising and representing 132 related concepts. In discussing approaches to non-visual methods of co-design with 133 visually-impaired users, Metatla et al. (2015) propose diagram editing as a domain in which 134 haptic devices could potentially address access barriers. Ramloll et al. (2000) propose a 135 method of blending sonification techniques with haptic technology in order to present line 136 graph data. 137

Researchers have proposed haptic gloves to communicate information about the environment to VIB people in a wearable and portable format. Zelek et al. (2003) and Kilian et al. (2022) propose using haptic gloves to support wayfinding and navigation, incorporating cameras and computer vision software to represent the distance and location of objects in the surrounding environment as haptic information. Gloves and wearables have also been explored as aids to social interaction by converting non-verbal communication cues such as facial expressions as haptic information (Krishna et al. 2010; McDaniel et al. 2008).

#### 2.8.1. Haptics-based Accessibility in Music Production and Performance

The Haptic Wave (Tanaka and Parkinson 2016) is a prominent example of haptic 146 technology leveraged to support VIB sound creatives' access to music production soft-147 ware. The Haptic Wave is a custom-built prototype device consisting of a motorised fader 148 mounted on horizontal rails. The hardware couples with a software counterpart. This 149 device allows VIB users to 'feel' the amplitude of a waveform as they scrub across the X 150 axis, translating the waveform's amplitude to the motorised fader's position on the Y axis. 151 This design addresses a key issue which arises from the move from analogue studios and 152 their inherent physicality and tangible nature (for example, large mixing consoles, outboard 153 audio processors, reel-to-reel tape) to digital audio workstations, which rely heavily on 154 visual representations of waveforms. This GUI-based representation allows sighted users 155 to identify peaks in the waveform and silences, providing a reference for edit points such 156 as cutting and splicing between different takes. For VIB sound creatives, the visual rep-157 resentation of the waveform is not generally available; therefore, edit points are typically 158 found by 'scrubbing' through the waveform and listening intently in a linear process. The 159 Haptic Wave was designed over a series of co-design workshops and evaluated in situ as a 160 technology probe (Hutchinson et al. 2003). An interesting approach that the designers took 161 was to map audio information directly to the haptic domain, rather than aim to represent visual information via haptics, to 'avoid translating paradigms of the visual into the haptic 163 modality' (Tanaka and Parkinson 2016).

The Moose (O'Modhrain and Gillespie 1997) is an early example of a prototype haptic device targeted towards VIB users of specialist software. O'Modhrain and Gillespie discuss its potential as a device for interacting with DAW software. It comprises a 'puck' that moves on a 2D axis, similar to a computer mouse. The puck's freedom of movement can be affected in two axes using linear motors to simulate force feedback effects and artefacts such as detents and grooves. In this way, the authors propose a method of representing GUI objects such as buttons and sliders via haptic feedback, allowing the user to navigate DAW software.

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The HaptEQ (Karp and Pardo 2017) is a low-cost, open-source, tactile device designed for modifying graphical equaliser (EQ) curves via a tangible interface. Using a metal chain on a magnetic sheet, the user can effectively draw and feel an approximation of the desired EQ curve on a 2D plane. A webcam positioned directly above the chain captures images for computer-vision-based software that translates the shape of the chain's curve into parameter settings of an EQ plugin.

The touchEQ (Pesek and De Man 2021) is an application designed for the Surface <sup>179</sup> Haptics TanvasTouch<sup>18</sup>. The device utilises a phenomenon called electroadhesion, which <sup>180</sup> can simulate the effects of friction, and therefore different textures, across a smooth touch <sup>181</sup> screen surface. Pesek and De Man describe developing an EQ programme for this device <sup>182</sup> and a subsequent user test with sighted users. While significantly more expensive than the <sup>183</sup> HaptEQ, the touchEQ provides 2-way communication between the user and the device, <sup>184</sup> allowing the perception and manipulation of EQ parameters. <sup>185</sup>

Outside the recording studio, haptic devices have addressed access barriers in performance contexts. Where a music performance requires a response to visual cues, for example, an orchestra or choir following a conductor, VIB musicians rely on several methods to work around the lack of visual feedback from the conductor. Pragmatic approaches to this issue can include listening for breathing cues from neighbouring players or relying on a neighbouring player to provide a physical timing cue such as tapping on the shoulder or foot (Baker et al. 2019).

Many research projects have explored using haptic technologies to communicate in-193 formation between conductor and musician. Baker et al. (2019) propose translating the 194 movements of a conductor's right hand, via a motion sensor, into a 2D array of vibration 195 motors worn as a vest by the performer. The authors found that some of their participants 196 preferred a simpler vibrating 'pulse' pattern to the complex 2D representation of a con-197 ductor's arm movements. As with the Haptic Wave, this observation again highlights the 198 notion that a one-to-one mapping of visual information to haptic may ultimately be less 199 valuable to a VIB person, who may not be working from a visual reference point to begin 200 with. 201

The Haptic Baton<sup>19</sup> also focuses on translating the movements of a conductor's baton 202 into haptic feedback. The baton features sensors which track movement, which is translated 203 into signals conveyed by two vibration motors worn by the musician, one on each leg. 204 Kawarazaki et al. (2014) describe a similar project which uses a baton with a built-in motion 205 sensor. In their system, the movements of the conductor's baton are translated to 'beat' 206 signals conveyed by haptic devices worn by choir members. They also incorporate a 207 Microsoft Kinect<sup>20</sup> sensor to detect the direction the conductor is facing, allowing members 208 of the choir to perceive when they are being given specific instructions from the conductor, such as to prepare to play one's instrumental part. 210

From related work, it is clear that haptic technology has great potential to address several access barriers that VIB people face when using music technology. However, we have yet to see a widespread uptake of haptic technology in the domain of VIB sound creatives, for whom access tools which leverage the auditory modality (i.e. screen readers) remain the norm. In the next section, we present an interview study with a group of VIB sound creatives to unpack why they choose the tools they use and how new tools, including those incorporating haptics, may fit in people's existing workflows.

#### 3. Interview Study

# 3.1. Design

The study consisted of twenty remote, semi-structured interviews with VIB sound creatives. One common thread connecting each participant is their use of DAW software as

<sup>&</sup>lt;sup>18</sup> https://tanvas.co/

<sup>&</sup>lt;sup>19</sup> https://www.humaninstruments.co.uk/haptic-baton

<sup>&</sup>lt;sup>20</sup> https://learn.microsoft.com/en-us/windows/apps/design/devices/kinect-for-windows

a central tool in their creative pursuits. Each interview was two hours in duration. The first three authors conducted the interviews and shared responsibilities for leading them. 223

We interviewed 20 people in total. Most of our participants are in the 35-44 age range, 224 with 3 in the 18-24 range and one in the 65-74 range. Two of our participants are female. 225 Most of our participants answered 'totally blind', or words to that effect, when asked to 226 describe their visual impairment. However, a few reported 'low vision' 'legally blind' or 227 'registered blind'. Half the participants described themselves as 'advanced' when asked to 228 rate their skill or knowledge in using music software, while nine answered 'intermediate', 229 and two answered 'beginner'. None of our participants uses Ableton Live, although several 230 mentioned this DAW. Reaper was the most commonly used DAW, followed by Logic 231 Pro, then Pro Tools. Other less common DAWs include Cakewalk Sonar, FL Studio and 232 Samplitude. 233

Although our research questions are specifically concerned with the experience of VIB people, we acknowledge that some resultant insights may discuss ideas relating more broadly to audio technology. These insights are still valuable, and as they arose naturally from our chosen analysis methodology, we have chosen to include them in this article. Additionally, our findings do not relate specifically to other disabled groups within the wider sound creative community, and we encourage other researchers to explore these avenues in their future work. 230

The first hour of each interview focussed on getting to know the participant. The 241 authors invited participants to complete a short questionnaire beforehand, which served the 242 practical goal of ascertaining their demographics, location, timezone, and choice of music 243 and accessible technology. The interview then delved deeper, attempting to understand 244 the participants' creative priorities, their views on their current choice of technological 245 tools, accessibility and inclusion in education and the music industry, aspects of music-246 technology accessibility to be celebrated, and points of frustration. As the vast majority 247 of participants were approached via online communities, such as mailing lists, the role of 248 these communities also formed a prevalent topic of conversation. 249

While the interviews adhered to a typical semi-structured methodology, we stimulated 250 the discussion further halfway through each interview by switching our approach to that 251 of a Contextual Enquiry. A contextual enquiry is, in essence, an interview in context 252 (Holtzblatt and Beyer 1997). Participants are asked to complete a task related to the 253 domain of interest while interviewers observe and ask questions. It is helpful to frame the relationship between participant and interviewer as similar to that of master and apprentice. 255 The participant is the master, the interviewer the apprentice; the latter holding the objective of learning the participant's approach to the task at hand. We asked each participant to work 257 towards a creative goal relevant to their typical creative pursuits. Between participants working as sound designers, audio engineers, music producers, musicians and composers, 259 we observed tasks associated with various goals

The benefit of a contextual enquiry as opposed to a conventional semi-structured 261 interview is that it exposes aspects of a practical task that may be unarticulated, implicit 262 or taken for granted in a verbal response to a posed question. For instance, when asked 263 how they might typically start a DAW project, a participant may respond by stating that 264 they import an audio file. However, in observing a participant, one can see details of their 265 approach; for example, the use of any filename conventions, whether or not a particular 266 file import dialogue is utilised, and if not, the observer can ask why not. The creative goals 267 of our participants included the following examples: 268

- Composing a short section of music.
- Mixing a selection of pre-recorded audio stems.
- Designing a sound to reflect a magic spell being cast in a fantasy game.
- Audio editing to remove unwanted incidental sounds from recorded dialogue.

It is essential to highlight that a contextual enquiry of one-hour duration only provides enough time to focus on a mere snapshot of a sound creative's workflow. However, this

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snapshot is rich and deep and arguably maintains a greater ecological validity than a 275 semi-structured interview. 276

Conducting the study online and remotely was a double-edged sword. This approach 277 enabled the researchers to connect with international participants in their studio envi-278 ronment, increasing diversity with a low monetary outlay. The flip side was that using 279 Zoom video conferencing software somewhat disrupted the (at times) complex audio 280 configuration utilised by participants. Occasionally, it was not possible for participants to 281 use their regular audio interface, and new audio configurations introduced latency - the 282 arch-nemesis of the sound creative. 283

#### 3.2. Analysis

For this article, the authors extracted salient quotes from the interview transcripts 285 deemed relevant to applying haptic technology to address access barriers. We identified 286 discussions of haptic devices already incorporated into a participant's artefact ecology 287 and how tangible and tactile interfaces can improve access and ease of task execution. 288 Furthermore, we captured participants' perspectives on the opportunities presented by 289 haptics in their practice as sound creatives. Of the twenty interviews conducted, we 290 identified six as being particularly relevant to the topics covered in this article. We omitted the remaining interviews from the thematic analysis; however, the authors will present a 292 full-scale analysis of all interview data in a forthcoming publication. 293

These quotations formed the source material upon which we performed a reflexive 294 thematic analysis (TA). Braun and Clarke (2021) spearheaded this flavour of TA, arguing 295 that all researchers are inherently situated and subjective. Furthermore, while academics 296 embedded in a positivist research culture may push against subjectivity, it is an asset to be 297 embraced. The reflexive researcher brings value (Ibid.). 298

Braun and Clarke utilise a six-phase process when performing TA, with phase six 200 amounting to writing a research report. It was this process to which we adhered. 300

#### 3.2.1. Phase One - Familiarisation

The first phase involves immersion with the dataset, which, in our case, were quo-302 tations from interview transcripts. Here began each author's immersion and subsequent 303 familiarisation with the dataset. We were fortunate to each attend the six interviews and 304 play an active role in each discussion. The AI-powered natural language processing tool 305 Otter.AI<sup>21</sup> provided initial transcripts of each discussion. However, due to each transcript 306 being laced with minor errors, the authors divided the transcripts between themselves, 307 proofread and corrected each, using the original recordings as a reference. While this was a 308 somewhat arduous task, it contributed significantly to our goal of dataset immersion. 309

Each author selected quotations from the transcripts they personally edited. These 310 extracts captured points salient to this article's research domain: the potential of haptic 311 technology within each participant's ecology of creative practice. For us, salience took 312 precedence over the frequency of ideas expressed. 313

#### 3.2.2. Phase Two - Coding

This first coding round consisted of assigning pithy tags and highlighting points of 315 interest in the collated quotations. The authors were interested in both semantic and latent 316 meanings in the text. However, the majority of codes highlighted the former. 317

The open-source web-based TA tool Taguette<sup>22</sup> supported the coding process. While this software is constrained in functionality compared to NVivo $^{23}$ , it is largely accessible to 319 screen-reader interaction. This feature is essential as one team member is visually impaired, 320 and collaboration is critical in our work. Another factor is that, by necessity, we worked 321

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<sup>21</sup> https://otter.ai/

<sup>22</sup> https://www.taguette.org/

<sup>23</sup> https://lumivero.com/products/nvivo/

remotely, a workflow supported by Taguette. We shared a code book that initially captured 322 succinct and somewhat reductive codes such as 'access barrier', 'community support' and 323 'efficiency is important'. However, these codes saw frequent revision, expanding their 324 detail and specificity. The goal was for these codes to stand alone and reduce the need to 325 return to the original text for explanation.

# 3.2.3. Phase Three - Generating Initial Themes

We moved to Excel<sup>24</sup> spreadsheet software to generate initial themes from the codes. 328 This platform is also largely accessible to screen-reader interaction and supports remote 329 collaboration. Braun and Clarke argue that themes are not lying within a collection of codes 330 awaiting discovery. Instead, they are generated by the researcher(s) as they reflect on the 331 codes, their knowledge and their experience. While we focused on the six interviews we 332 deemed most pertinent to haptic technology, inherently, our experience and insights from 333 participation in the other fourteen interviews also coloured and informed our perspectives. 334 We grouped codes by categories, such as 'access strategy', 'role of industry' and 'benefits of 335 haptics'. Some codes appeared in multiple categories. From these categories, candidate 336 themes emerged. 337

#### 3.2.4. Phase Four - Developing and Reviewing Themes

We spent several hours online discussing, developing and refining themes. At times, 339 the authors returned to the quotations to clarify specific points, a process beneficial in 340 corroborating emergent insights, which ensured we stayed close to the source material.

#### 3.2.5. Phase Five - Refining, Defining and Naming Themes

This phase was largely an extension of the previous one. However, we also considered the potential overlap between themes and their differences. Fundamentally we wanted 344 to ensure that the themes depict an accurate and compelling representation of the study 345 participants' thoughts, opinions and experiences.

# 4. Discussion of Themes

We identified six themes, each split into sub-themes. Alongside each theme, we present 348 illustrative quotes from the interview transcripts. The quotes are presented verbatim but are 349 edited for brevity and readability in some places. We use our participants' names without 350 pseudonyms (with permission) and the names of the three first authors who conducted the 351 interviews. 352

# Theme 1: In the absence of support from the mainstream music technology industry, online communities have found it necessary to step in to improve

This theme illustrates a common observation among our participants on the role of 355 online communities of VIB sound creatives and the impact of the music-technology industry. 356 Many of our participants are active members of mailing lists, forums and messaging groups 357 relating to access tools and techniques. These online communities are typically DAW-358 centric, for example, the Reapers without Peeper's group, whose members share tips and 359 strategies on using Reaper software and contribute to the ongoing open-source Reaper 360 accessibility initiatives such as the Osara extension. Participation can come in the form of 361 asking/answering questions, providing tutorials and sharing custom scripts to bridge gaps 362 in software access. In the case of Reaper, the developers of the software itself engage with 363 online communities of VIB users in order to improve accessibility and address bugs:

Conor McPhilemy: "So those guys [Reaper developers] have been the most receptive, 365 apparently to, you know, to feedback from the blind community. So they literally have 366 open channels there so bugs are going on all the time from the guys on the Reapers without 367 Peepers list. And they're, they're getting stuff fixed for us, do you know what I mean? 368

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<sup>24</sup> https://www.microsoft.com/en-us/microsoft-365/excel

All the time, they're, they're fixing stuff for us. They're being proactive with all their new software, you know, when they're releasing new software and stuff like that, they're thinking about us, they're thinking about accessibility, they're thinking about the way things are laid out and stuff like that. So I think that's one of the reasons why Reaper has been super successful".

While the presence of these online communities was generally seen by participants as a positive thing, some noted that these communities are required in the absence of full accessibility support from music technology companies: 376

Justin Macleod: "[Kontakt] is just not accessible and easy to use out of the box. You 377 can't make patches from scratch in their synths. You can't make - you can't sample your 378 own instruments with Kontakt, you get what they spoon feed you and that is it. And you 379 can't you can't use Native Instruments effectively without a bunch of extra scripts and 380 AutoHotKey things and whatnot. So for example, to use Kontakt to batch re-save content, 381 to get it to load faster, I need a script which I had to purchase from someone else. Access 4 382 Music<sup>25</sup>, they do great stuff, you know, I don't begrudge them the money but it shouldn't 383 be the case." 384

Theme 1.1: Priorities of the music-technology industry directly impact the range of options available to VIB sound creatives 386

Many tools and services in the music-technology industry are not accessible. This situation is possibly due to accessibility being overlooked or deprioritised in development backlogs. For example, with some DAWs now implementing support for Dolby Atmos, one participant implies that software vendors have not considered VIB users.

Joey Stuckey: "I will say, I am very concerned about Dolby Atmos and you know that kind of immersive-audio experience because right now it's totally inaccessible to the blind and it's here to stay."

Furthermore, software that may be considered ancillary to a DAW but an essential part of a professional workflow may feature access barriers.

James Cunningham: "So you're not able to use these other programs because they don't support screen reader access?"

Justin: "That's certainly true in the case of Basehead and Soundly when I last checked them - I haven't checked out Soundminer personally, but I am pretty confident that it's not accessible."

Theme 1.2: Online communities support learning and development.

There are often numerous ways to learn how to use new music technology for sighted 402 people, such as through instruction manuals or video demonstrations. These resources may 403 be inaccessible to VIB sound creatives due to the use of graphical diagrams or incompatibil-404 ity with screen-reader software. Guides may focus only on a typical workflow for a sighted 405 person (e.g. using the mouse instead of keyboard-based navigation). It is common for VIB 406 sound creatives to look to online communities for tutorials geared towards VIB workflows. 407 Such resources can be presented in accessible formats, for example, via podcasts or by 408 formatting text-based materials to be screen-reader-friendly. Informal help and advice are 409 often sought through these communities, for example, by seeking recommendations on 410 software: 411

Conor: "[Referring to the Reapers without Peepers mailing list] So if you were looking412at a new, you know, a new plugin that you'd seen was on special offer or something like413that. You can throw an email up there and say, guys, anybody using this, anybody any414thoughts on this? Is everything labelled? Can you get at the presets? Can you get at the415parameters and all that sort of stuff? So there's real good feedback there."416

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<sup>&</sup>lt;sup>25</sup> http://access4music.com/en/script/free

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Theme 1.3: Screen readers are an imperfect access strategy due to the lack of support from mainstream software companies.

Screen readers rely on relevant information being made available via attributes specified in code by software developers. For example, in web browsing, the correct use of HTML tags allows screen-reader software to correctly parse and navigate the information contained in a website, such as heading structures, hyperlinks and image descriptions. Screen readers require similar information from DAWs. For example, by correctly and appropriately labelling plugin parameters in the source code. If this support is lacking, the quality of information the screen reader relays to the user is negatively affected.

Justin: "Basically, you have some plugin developers, you look at their - so let's say there's a slider with a four stage switch for an LFO shape, so it'd be sines or square or triangle. On some plugins, you will see that: the screen reader will represent it as sine, square, triangle. In other plugins, it'll be just zero to one, there'll be a slider going from zero to one. So you have to know that you need to bring your slider to 0.25 to make this work, and you have to know what 0.25 is going to be. So there's a lot of things that can trip you up in a plugin."

Theme 1.4: Developments in technology have helped improve access, led by community and industry efforts.

Generally speaking, accessibility continues to improve for VIB sound creatives. These improvements are partly due to technological developments, leading to computers being powerful enough to run DAWs reliably alongside screen readers and hardware capable of supporting TTS feedback. However, improvements in accessibility are not solely a result of technological developments. Efforts from the VIB community and industry have leveraged these developments for accessibility purposes. 435

Peter Bosher: "At the time, I had a DX7<sup>26</sup>, and an Alesis sequencer, before I even knew Sequencer Plus<sup>27</sup>, so I knew how to do sequencing. But then I had a PC. And it was obvious that it was much better to use a PC with speech, so that I could, rather than trying to figure out what was going on, on a sequencer where I had to remember the sequences of button presses, and yeah, you know, having speech feedback was was such a huge game changer."

Peter: "In Pro Tools with speech ... you can do this in two different ways. You can have what's called the Inspector where it will speak the level every now and then. And so you can tell roughly where it's peaking. And you can say 'I want it to hold for three seconds so that I don't miss any peaks'. You can go into a particular track. So you need to find the track on the screen and interact with it. It's all doable, but it takes longer. And Flo Tools has made some of that much quicker. So you can use a keystroke just to see quickly which tracks are selected, which used to take a long time before, just if you weren't sure which tracks are selected, they will immediately tell you. You can immediately find out your whereabouts on the timeline, how long the selection is, stuff like that, which is super helpful. So Flo Tools has made it even more accessible."

Theme 1.5: The experience of VIB people can provide valuable insight in the design of accessible music-technology tools.

VIB people are experts in their tools, workflows and lived experience of disability. Software developers and hardware designers can follow accessibility standards (for example, the Web Content Accessibility Guidelines<sup>28</sup> (WCAG) in the case of website design). However, insight into how well a piece of technology meets access requirements can only come through the inclusion of VIB people in the design and development process. An example of this is the way that Reaper developers regularly engage with their VIB users. It was also

<sup>&</sup>lt;sup>26</sup> https://www.yamaha.com/en/about/design/synapses/id\_009

<sup>&</sup>lt;sup>27</sup> http://vgmpf.com/Wiki/index.php/Sequencer\_Plus\_Gold

<sup>&</sup>lt;sup>28</sup> https://www.w3.org/WAI/standards-guidelines/wcag/

common for our participants to mention their willingness to engage with developers to report bugs and feedback and their mixed experiences with how well their requests were met.

#### Theme 2: Access comes through a multitude of factors not limited to technology

Many of our participants work in broad creative ecosystems. These ecosystems do not 469 merely contain technological artefacts (for example, DAWs, plugin instruments and effects, 470 screen readers, scripts and MIDI controllers - but also include the less tangible online 471 tutorials, documentation, online communities and their collective knowledge experience. 472 Existing within and managing such an ecosystem can often be challenging for VIB sound 473 creatives, especially in times of change, such as major software updates or when introducing 474 new technological artefacts. Some participants voiced frustrations around conflicting or 475 malfunctioning tools, leaving parts of their workflow ineffective. 476

Peter: "So if you've got existing tracks, and you want to stick a particular spot effect at this point, you don't want to be creating a new track, you want to drag the clip from wherever it is, and put it on your track. And there's a keystroke to do it in Flo Tools, but it doesn't work very well. So the first time you do it, it will probably say drag failed or drop failed. And it's because they've had to go through these hoops to simulate the mouse click process, but it doesn't, it doesn't work well at all."

Theme 2.1: VIB sound creatives invest time in developing their own access strategies

VIB sound creatives often encounter numerous accessibility issues within their complex ecosystems. Due to the highly specialised nature of many of these issues, and a perceived lack of support from the technology industry, many of our participants demonstrated unique workarounds. However, through online research, community input and trial and error, participants found solutions; that they often invested much of their time in creating.

Theme 2.2: Hardware and screen readers are complementary methods of interaction for VIB creatives

Many of our participants' uniquely curated workflows were highly multimodal, combining auditory and tactile feedback. In particular, we noticed several people using their screen reader in conjunction with a keyboard controller or dedicated control surface, supporting efficiency in their workflow.

Peter: "So normally, the easy way to do that [edit EQ parameters precisely] is with the control surface, which then puts the main bands that I want access to - the high shelf, the low mid band, high mid band - are on pairs of faders. So I have the gain and the frequency on the faders. And that way, it's much easier to adjust the EQ that way."

Alex Lucas: "I guess when you're using that [control surface] you're not receiving any VoiceOver feedback?"

Peter: "Yes, you are, because Flo Tools has a very nice thing called the plugin inspector, which when you switch it on, it actually speaks to the parameters as they change. So it's very nice."

Alex: "*Ah*, great, and that's kind of optional, you can choose to either have it on or off, I guess?"

Peter: "Yeah."

We also observed how some participants would deliberately not use their screen reader's TTS feedback, relying solely on the familiar key commands to manipulate the audio without the speech disturbing concentration.

Conor: "So let's say dialling in a bit of EQ on a snare or something like that. So you know, if you need to be you need to be super precise, and you're moving up and down a 512

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fader, I've seen Scott, and what you can do in NVDA is turn the speech off. So you're not turning off NVDA but you're turning off the speech."

Theme 2.3: A mental map can replace information in the visual domain, acting as a reference point, aiding usability, but requiring effort.

Some of our participants demonstrated a reliance on memory when navigating menus or timelines. They remember what they encounter to construct a mental map, which they can reference later. In this way, memory can become an effective tool for increasing usability and efficiency in the workflow.

Jacob Harrison: "Is the information that the screen reader is giving you, is that useful? *Are you happy for it to read that out, and then wait for it to stop talking?*"

Conor: "Yeah, I am because it's given me the name of the presets if I want to remember. Because I know that one - I was on this something smooth, wasn't it? So yeah, no, it is useful."

Theme 2.4: Supporting materials need to be accessible to maintain independent learning

Learning how to use new technology was a common experience described by our participants. They describe how online tutorials are often inaccessible and designed visually for sighted, mouse-oriented users. Without accessible learning material, VIB sound creatives often need to rely on instruction manuals provided by the developer of their tool. If these materials are not screen-reader compatible, a person might be forced to sacrifice independence and find sighted assistance, or begin using the tool completely unaware of its functionality.

Alex: "And what's the kind of process like learning that gear? Are you sort of able to find accessible resources?"

Trey Culver: "I can read the manuals accessibly, but I have sighted help to help me on the mouse."

#### *Theme 3: All access barriers are inequivalences, but not all inequivalences are access barriers*

It can be argued that one key product of an access barrier is inequality. An access barrier restricts possible options; presenting the VIB sound creative with a user experience which differs to that of their sighted peers; the experience of the two is not equivalent. This problematic seed can grow and cause secondary issues, for instance inequivalences in employment, education, social and creative opportunities.

Theme 3.1 VIB sound creatives share common creative and professional goals with sighted users but have different workflows and unequal opportunities. 545

Several of the study's participants expressed creative and professional goals that one might consider common to those of sound creatives more broadly, without visual impairment or blindness. For instance, the goal of forging a career as an audio engineer or music producer in a professional studio is typical of sighted sound creatives.

It is apparent that in bringing accessibility to their DAW, VIB sound creatives need 550 to employ a workflow that fundamentally differs from sighted conventions. The screen 551 reader affords an alternative control modality, with information articulated through synthe-552 sised utterances, accessing features and functionality through QWERTY keyboard-based 553 navigation. It would be too bold to claim that VIB sound creatives are essentially operating 554 a different piece of software. However, the experience is undeniably different to that of 555 their sighted peers. The challenge brought by this discrepancy primarily relates to a need 556 for a shared experience with those outside of the VIB sound creative community. 557

Theme 3.2: There are fewer employment opportunities for VIB sound creatives

Except for Logic Pro and arguably Pro Tools, DAWs do not typically provide full access to their features and functionality through screen reader interaction. Access comes

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through bricolage, a combination of hardware and software; each to plug a particular gap 561 in accessibility. Such tools are not typically installed in professional recording studios. 562 Therefore, VIB sound creatives often cannot simply enter such a facility, roll up their sleeves 563 and engage with the task at hand. Therefore, a lack of appropriate tools in this context 564 has a negative impact on employment opportunities. A degree of out-of-the-box DAW 565 screen-reader compatibility will likely go far in addressing this workplace inequality. 566

Peter: "You still can't just rock up at a studio that you've not been to before, and use the equipment. That would be the dream, and it's miles away from being anywhere near feasible. And so it's still very difficult, I think, for a blind person to just get an ordinary job in the mainstream studio."

Theme 3.3: VIB sound creatives may not necessarily be at a disadvantage in sound-based 571 creative practice. 572

As with many observations, we cannot sit solely on one side of the fence. It is not 573 simply the case that inequivelances are innately negative, leading to barriers in access. 574 Conversely, the VIB DAW workflow may be preferable in some aspects of sound-based 575 creative practice. 576

Maja Sobiech: "I've heard about sound engineers who purposefully turn (off) their screens, or don't look at them to not be distracted."

As stated by Maja above, sometimes visual stimuli can be distracting. Furthermore, 579 we have witnessed incredible efficiency by some VIB sound creatives in completing specific DAW-based tasks, employing an arsenal of keyboard shortcuts and commands. 581

#### Theme 4: Hardware may bring enhancements to VIB sound creatives

Commercially available devices incorporating haptic feedback were rare among our 583 participants. However, one participant had experience with the Haptic Wave prototype 584 (Tanaka and Parkinson 2016), while another had previously used a custom device for 585 peak metering, which incorporated a modified braille cell<sup>29</sup>. Despite haptic technologies 586 featuring less prominently than other tools among our participants, many reported the advantages of hardware in the form of MIDI controllers, control surfaces, analogue mixing 588 desks, and modular synthesisers. While many sighted sound creatives also regularly use 589 commercially-available hardware, the specific benefits of such hardware to VIB sound 590 creatives is relevant to the haptic-audio community. Participants implied that analogue 591 hardware aided usability due to the predictability and consistency a 1:1 mapping between 592 control and effect affords, aiding efficient workflows. 593

Joey: "The other thing about analogue is, I know, the third knob on the left does the same 594 thing every single time. I know every button on my console. So I don't even have to think about that. In the digital domain, that's not true, you have soft keys that change their function, depending on what's going on screen. And if you don't have access to that 597 information it's a real problem. So that is one of the - that's the main reason, from an 598 accessibility standpoint that I like analogue." 599

It is worth noting that this particular benefit of hardware can be lost in the digital 600 domain due to the ability for devices to map the same knob, slider or button to a wide 601 range of parameters. Some manufacturers have addressed this issue, including Native In-602 struments with their Komplete Kontrol range<sup>30</sup> of MIDI controller keyboards and Arturia's 603 equivalent offering, Keylab<sup>31</sup>. 604

An additional benefit of hardware that is relevant to both analogue and digital devices is the ability to focus on audio that is the subject of an edit or processing operation, as 606 opposed to audio feedback from the screen reader: 607

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<sup>29</sup> Unfortunately no details of this bespoke device can be found online.

<sup>30</sup> https://www.native-instruments.com/en/products/komplete/keyboards/komplete-kontrol-s49-s61/

<sup>31</sup> https://www.arturia.com/ranges/lab

Maja: "For example, if I am able to switch to using a braille display with Pro Tools, I think it will be beneficial for my work because I don't have to use VoiceOver that much. And I don't distract my hearing, then it might be useful there"	608 609 610
A number of our participants also modified their existing hardware, for example using a Dremel to make a tactile mark on a knob cap or using embossed braille tape on a MIDI keyboard.	
Joey: "And if they don't have a marking that shows you where the arrow is a knob, I get someone that can see to take a Dremel or a knife. And you know, it kind of defaces the equipment a little bit, but I make a mark. So I can feel where the arrow's at so I know where I'm turning"	614 615 616 617
Maja: "I made signs in braille on the tape, which I could stick to the different places on the keyboard"	618 619
Theme 4.1: Awareness of the potential of haptics for DAW access is varied	620
Among our participants, some were more aware than others of haptic technologies and their potential benefits. One participant, in particular, suggested how haptic technology could be utilised for mixing spatial audio, for example, with Dolby Atmos:	
Joey: "Then there's haptics, which I really believe in I was a big part of the Haptic Wave study, and was a big fan of that So there are haptics, which I think would benefit the sighted user as much as blind user. I think tactile information is just another way to process things. I think if we could make it something where a sighted user also was excited about it, I think we could get further with it [in regard to making it widely available]"	624 625 626 627 628
Joey: "[Discussing the inaccessibility of Dolby Atmos] I've got ideas about that, but none of them are fully formed. But if we could get haptics involved, where you're able to have a 3D space, what if you had something like, and you know, this is very primitive But what if you had something like a Rubik's Cube, where you could tell the piece of equipment, okay, block number one is left front, block number four is the fourth speaker to the right overhead. And then you could move those around, you know, in a physical way."	629 630 631 632 633 634 635
Other participants did not make direct reference to haptic technology but discussed methods and tools which could be described as haptic devices, for example, a modified braille cell which could be used for peak metering without the need for auditory feedback	637
Peter: "There is a guy who [makes] tactile PPM [Peak Program Meter] meters [using] existing braille cell technology. But that could be recreated now, much, much more effectively and cheaply.	639 640 641
Alex: Is it noisy, mechanically, when you use it?	642
Peter: No, not at all. That reminds me that there's like an audio peak meter, which is	643
noisy. And you'd have to, you'd have to use headphones sort of split in order to hear it, but it would still interfere with listening to the actual audio. So I'm not really sold on	644 645
those."	646
Theme 4.2: Tactile methods can improve accessibility, learning, and communication between sighted and non-sighted people.	647 648
Some of our participants described experiences of using tactile methods in their education as a means of conveying visual information. One participant described how their music teacher helped them visualise how a musical score looked to sighted people.	
Joey: "My regular guitar teacher, honestly taught me more than I learned in college. He was brilliant. And honestly, the only reason I was able to keep up in college was because he had already taught me that stuff and taught it in a way that made sense to a blind person, with no help with braille or anything like that. It was all mental imagery. So he	652 653 654
took a box of sand, and drew in it and said 'I know you can't see this. I know you can't	655 656

*read it. But I want you to at least know and understand what the musical staff looks like. And what these quarter notes look like, and a whole note looks like so at least if somebody described it to you on a page, you can understand it.'"* 

There is potential for tactile and tangible objects to communicate concepts often presented visually. Such an approach presents learning and education opportunities for VIB people, as described by our participant, but also potentially widens the communication bandwidth between VIB and sighted people.

#### Theme 5: Screen readers are an imperfect access strategy

Screen readers, which are just one tool in a VIB sound creative's ecosystem, are only a solution to some access barriers. Screen readers are limited in their functionality. Access barriers can arise when software designers and developers do not consider the screenreader-interaction modality.

Theme 5.1: Screen readers are an imperfect access strategy due to the limitations of the TTS modality.

Screen readers possess one major limitation; they convey information linearly. Screen 671 readers invoke a speech description of most elements they encounter, meaning that it 672 can take a considerable amount of time for a VIB person to parse information required 673 in executing a task. Furthermore, it can be highly challenging to garner information 674 from multiple sources concurrently via speech feedback alone. This issue often leads to 675 VIB preferences for naming conventions that first state the most contextually essential 676 information. Similarly, our participants discussed the problems they encounter when their 677 screen reader is excessively verbose or distracting when working with audio. 678

Alex: "Yeah, I was wondering about the screen reader, the synthesised voice that is generated by NVDA. I'm thinking about that and listening to that whilst working with audio. Is that ever problematic for you? Do you ever find that there's a conflict between the two?"

Conor : "Yes, aye totally yeah, yeah, that's something you have to something you have to get used to as well. So you can obviously split it. So I have NVDA at the minute coming through my cans. When recording, I'm kind of jumping between both. Sometimes if I'm recording guitars, I'll move NVDA over to the laptop speaker, so the synthetic voice will come out the laptop speaker, and it will keep my headphones clean. Because sometimes if you're halfway through recording a track, for some reason, NVDA might decide to talk or might decide to tell you that the battery's low or something like that, you know what I mean. So it's something to be aware of."

Conor : "You can hear how NVDA, might distract you a wee bit, because you're hearing my voice, and you're maybe not hearing it move as it pans over and stuff like that. So I would just, you know, have a listen to it afterwards. And make sure it's where I want it to be. So it's quite chatty when you come to that ... So what I'll do this time - I'll stop NVDA and I'll show you what I mean, by hitting Control just to stop it talking ... I'll just shut it up. You know, so I don't need to hear all that. But if I do want to have a listen to see what have I got on this track again, it'll let you continue on."

Theme 5.2: Screen readers are an imperfect access strategy due to the lack of support from mainstream software companies.

Screen readers are complex tools which require technical skills and an understanding of user requirements to implement effectively in software. Additionally, they are specialised tools which means that certain manufacturers, designers and developers may need to be made aware of their existence. With comprehensive support of the screen-reader interaction modality in music software, VIB sound creatives can avoid significant access barriers in their creative pursuits. In software platforms with no screen-reader support, some of our

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participants told us that this would exclude that particular software as a potential candidate for integration into their artefact ecology.	706 707
Trey: Yes, there's major disadvantages In my subjective experience from production, yes I do feel disadvantaged. I can't use Ableton for a start. But everyone else is using Ableton. It's a massive disadvantage in a few ways. Number one, it affects your learning. Number two, it affects your social capital if you turn up and someone goes "what are you using?" "Ableton". And then everyone speaks to you. It's a good way to break the ice, you know, and it's a recognised thing.	708 709 710 711 712 713
Trey: "In my case, take for example, things like Massive, FM8. Yeah, now, sure, we can tweak a few presets right now and that's fine. That's brilliant. It's more accessible than 10-12 years ago. Can I make a patch from scratch on either of them? No."	714 715 716
Peter: "Basically they didn't have the version of Pro Tools that spoke, so I wasn't able to use Pro Tools directly, then."	717 718
Theme 5.3: Vision-centric design can result in screen reader compatibility being overlooked, resulting in access barriers	719 720
Screen reader compatibility is overlooked when software is designed solely with visual users in mind. This situation can result in unintuitive navigation (through software parameters inadvertently grouped in unusual ways), missing information (such as parameter names), and in the case of highly visual interfaces (such as those that depict waveforms graphically), a complete lack of functionality.	721 722 723 724 725
Conor : "I think the visual people who have the visual access to it, yes, I think they're getting through stuff [editing tasks] a lot quicker. It's designed for them, you know, everything's designed visually for them, you know, what I mean, the way things are laid out and stuff like that. So it's up to us to find our, you know, the quickest way for me to do it might necessarily not be the quickest way for people who can see to do it. So I think aye definitely we probably are at a bit of a disadvantage, you know, from design wise and away, you know, they like to make things look pretty and you know, things, they like the graphics and they like stuff to look - whereas for me, that's all kind of irrelevant, like, Can I, can I just get a simple layout, you know, with my buttons or labels and stuff like that, were things make sense. And I can jump from one side to the other side, back and forth as quick as I can and things like that."	726 727 728 729 730 731 732 733 734 735 736
Theme 5.4: Vision-centric design creates a discrepancy between sighted and non-sighted workflows. When access barriers arise, VIB sound creatives often rely on solutions which radically alter their workflow from the typical sighted approach. These approaches are often shared amongst online communities and widely adopted as functional access strategies. For example, one of our participants described how he separates the screen-reader TTS feedback and the audio from Reaper to different sources.	737 738 739 740 741 742 743
Justin: "[Sighted people] could do whatever they wanted. Absolutely, yeah, they could load stuff up and load this patch and load that patch and find this instrument and manually import this - and make sure this was integrated with the Komplete Kontrol database and just load up this synth and start from scratch and build the - sighted people can do all of that. We can't. We dive through the presets in alphabetical order very slowly. And there are 1000s of presets. And then we find what we like, and we fiddle with it. And we hope the controls which we would like to fiddle with are exposed. And maybe they are and that's great. And then that's how it goes yeah. There's so much that sighted people can access with the whole Native Instruments deal, and we can't."	744 745 746 747 748 749 750 751 752
Theme 6: Accessibility isn't a VIB sound creative's only priority	753
Many of our participants discussed having priorities that were not limited to issues of accessibility. There are many reasons behind a VIB sound creative's choice of tools and	754 755

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workflow. Many of these reasons are common across all music-technology users and not unique to VIB people - for example, financial costs. 757

A common concern among participants was the ability to work as quickly or efficiently as sighted peers. This concern is a particular issue for professional VIB sound creatives, who are at a disadvantage in employment if they cannot compete with their sighted counterparts.

Peter: "That's another thing where, however much we'd like to be able to say, 'okay, we can compete on an equal footing with a sighted sound engineer', it's not true, because some of the things that you have to do will simply, they just take longer, they just do. And if you've got something that has to be done in two hours. And it's something a sighted person would be able to do in two hours because they can 'click click' and it's done - we have to use the workaround"

Theme 6.1: VIB sound creatives do not just want things to be possible; they want things to the usable 769

While some of our participants reported being able to use several tools, many highlighted frustration with usability issues, particularly in comparison to sighted people's experience. For example, tools such as custom accessibility scripts and VOCR can compensate for several usability flaws. However, these workarounds still require additional effort and place an extra strain on VIB people.

Justin: "If you asked Scott [Chesworth - Reaper accessibility specialist/tutor] how to use 775 plugin, A or B, or C, he would, I believe, be the most likely to be able to make it go to 776 the best possible amount. That's because he knows all the workarounds, and is best at 777 implementing them. Which doesn't really mean it's an accessible thing. It just means he 778 knows how to fight with it, and win. So I don't know all the workarounds. So it could 779 be that stuff is slightly more doable than I believe, in some cases. But if you don't know 780 the password to open the door, then the door isn't going to open. And the point is that 781 for sighted people, there is no password, you load up your plugin, you see what's on the 782 screen, you click the buttons, you read the manual... [For] blind people interacting in 783 these environments, It's 'how much experience have you had with this? How much are 784 you prepared to bang your head against walls? How much are you prepared to trial and 785 error?'" 786

Theme 6.2: VIB sound creatives place value on the use of common tools and workflows

There are perceived advantages to using the same tools and practices that are popular with sighted sound creatives. The use of common tools allows ease of communication between sighted and non-sighted people, supporting collaboration. It is also important to note that different products come with an attached social capital, for example, Ableton Live software, which is common in electronic music production. While other DAWs may currently be more accessible to VIB people than Live, there is a desire to use this software for its recognisability within a particular genre and the common experiences that this can support:

Trey: "In my subjective experience from production, yes I do feel disadvantaged. I can't use Ableton for a start. But everyone else is using Ableton. It's a massive disadvantage in a few ways. Number one, it affects your learning. Number two, it affects your social capital if you turn up and someone goes 'what are you using? Ableton?.' And then everyone speaks to you. It's a good way to break the ice, you know, and it's a recognised thing"

#### 5. Discussion

By comparing the themes generated from our interviews with the latest efforts in accessibility and haptic-audio research, we can consider how haptics may play a role in addressing access barriers experienced by VIB sound creatives. It is important to highlight

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that only one of our participants has used the technology mentioned in our discussion of existing haptics research, and we hypothesise that a general absence of such technology in our findings suggests potentially unexplored opportunities. We now discuss our findings in relation to these opportunities, which could provide a jumping off point for future accessibility related haptic-audio research.

#### 5.1. Which access barriers could haptic technology address?

An obvious advantage of haptics in the VIB accessibility domain is that haptic tech-812 nologies are inherently tactile and tangible, a common attribute of many access tools and 813 strategies employed by VIB people. The most prominent example of tactile, tangible access 814 is in the use of braille, whether reading braille-embossed text, accessing web content via a 815 braille display, navigating public spaces using braille signage, or using braille music to read 816 scores. Some participants described how teachers incorporated tactile and tangible teaching 817 methods into their education. In contrast, others discussed how hardware, sometimes with 818 modifications, benefited their workflow. Here, we specify some specific areas in which we 819 believe haptic technologies could leverage or support the benefits of tactile and tangible 820 interaction to improve accessibility based on the common access barriers encountered by 821 our participants.

#### 5.1.1. Effects Parameters and Mixing

Some of our participants with experience in analogue recording studios or who cur-824 rently use external hardware discussed the difference between tangible, physical devices and modern, highly graphics-based software. As vision-centric music software has pro-826 liferated, so too have access barriers for VIB sound creatives. Before music studios were 827 based around a computer running DAW software, analogue equipment provided tactile 828 means of navigating and manipulating channel strips and effects parameters. Some of our participants continue to use analogue equipment, citing this tactility as an advantage 830 over working in the digital domain. Other participants use outboard gear such as MIDI 831 controllers, audio interfaces and modular synthesisers. The tactility and ease of navigation 832 of some hardware was mentioned as something VIB sound creatives found helpful in their 833 workflows, with many examples of modified or DIY hardware being used. 834

The above observation suggests that the predictability and consistency of hardware 835 is something VIB sound creatives value. Despite this, there is a trend towards hardware 836 devices whose physical design is agnostic to the functions they may be assigned, in order 837 to maintain flexibility in mapping. It is common to see hardware which features poten-838 tiometers with no tactile markings, end stops, or detents so that they can be mapped to any 830 number of functions within a DAW or plugin. While this is a valuable feature for sighted 840 users, VIB sound creatives may need a way of determining the control's current state and 841 its associated parameter. VIB sound creatives can value predictability and consistency in 842 the structure and function of interfaces, which is easily lost in generic control surfaces with 843 several modes of operation.

A method for working around the limited tactility, predictability and consistency 845 in some commercial hardware is through TTS support, allowing VIB people to query and determine the current mapping and value of a given fader, knob or button. This 847 approach could extend further using haptic feedback. For example, to simulate detents 848 on a continuous potentiometer or to communicate functionality via 'haptons', the use of 849 different haptic textures to delineate different areas of the interface, an approach that has 850 been explored by Pesek and De Man (2021). This approach would bypass the auditory 851 modality, allowing the sound creative to focus on the immediate task. Haptic feedback can 852 help delineate between parameter types by using consistent vibration patterns to signify the 853 assignment of parameters related to one another, indicating the control's function without 854 TTS feedback 855

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A hardware project which we believe shows some promise is the Smart Knob, an open-source haptic device developed by Scott Bezek<sup>32</sup>. The Smart Knob incorporates a brushless motor and magnetic encoder to provide 'closed-loop torque feedback control, making it possible to dynamically create and adjust the feel of detents and endstops'. The project is not explicitly aimed at music-technology use cases, but it is possible to imagine a similar implementation of this technology within other hardware.

# 5.1.2. Peak Metering

Several participants cited peak metering as a common task for which few options 863 provided a DAW experience equivalent to a sighted user. For sighted people, a glance at an 864 on-screen mixer or channel strip is enough to rapidly determine whether a track is clipping 865 and give an oversight of the relative amplitude levels of a multitrack project. There are 866 few options capable of providing this same overview of volume levels in a project without 867 sight. Our participants gave examples of workarounds for this scenario, for example, via 868 DIY devices or by using 32-bit recording to allow for more headroom to avoid clipping 869 during the recording stage. 870

Incorporating haptic feedback, potentially via haptic displays, might offer VIB people a means of peak metering, which is more equivalent to the 'glance' afforded to sighted people. This approach has already been explored to some extent by the Haptic Wave (Tanaka and Parkinson 2016). However, this relies on the user scrubbing across a single waveform, so it does not provide an overview of multiple tracks concurrently.

# 5.1.3. Spatial Audio

We were intrigued by one of our participant's comments on the potential of haptic 877 devices to support work with Dolby Atmos, describing a Rubik's cube-like device which 878 allows the user to work with spatial audio in a 'physical way'. Working with spatial audio 879 currently requires a means of visualising a 3D space on-screen in order to pan audio objects. 880 This scenario could be well served by a tactile device capable of communicating spatial 881 information non-visually. Indeed, haptic rendering of 3D objects and environments is a well-882 explored topic (Basdogan and Srinivasan 2002), and similar techniques are used in specialist 883 areas such as technology-enhanced education in medical settings (Escobar-Castillejos et al. 884 2016). 885

#### 5.2. How are new tools used and appropriated by VIB sound creatives?

While the above suggestions for developments in haptic-based accessibility tools may prove to be exciting or valuable lines of inquiry, there are perhaps more fundamental and potentially more complex questions to be considered first. As accessibility researchers, we are interested in the political and social implications of technology and the practical benefits that new technologies may offer. Prior to developing new tools, we might ask ourselves the following questions:

- 1. Do haptic technologies represent the values and needs of VIB sound creatives?
- 2. Should modern DAWs be accessible without the need for additional specialist tools?
- 3. Does technology explicitly designed for VIB sound creatives risk further siloing of a community who often aim to be considered as equivalent to their sighted peers?

Many of the people we have spoken with are professionals or people with significant experience interacting with DAW software via screen readers and software extensions. The response was mixed when discussing if they felt at a disadvantage compared to their sighted peers. We noted that many VIB sound creatives had developed incredibly efficient workflows with the available tools. Some participants stated that they worked more effectively than sighted people in certain scenarios, for example, due to their mastery of keyboard shortcuts for rapid navigation and manipulation within DAW software. When

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<sup>&</sup>lt;sup>32</sup> https://github.com/scottbez1/smartknob

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we are discussing introducing new technologies to people's workflows, it is essential to consider that many already have workflows that work well for them. We should be careful to not discard the work done already by people with lived experience of visual impairment or blindness by proposing radically different ways of working as solutions to access barriers.

In contrast, while some of these existing workflows and tools have proven to be highly 909 effective for some people, we also noted that this came after a considerable amount of addi-910 tional time and effort in learning. In many cases, this effort also involved the development 911 of bespoke tools or paying for custom keyboard scripts and additional software. The cur-912 rent model for DAW accessibility for VIB people appears to be largely based on DIY efforts 913 and open-sourced, community-led software, although music-technology manufacturers are 914 increasingly demonstrating efforts to improve accessibility out of the box. Either way, we 915 suggest that the onus shouldn't necessarily be on VIB people and unpaid, community-led 916 efforts to work around access barriers. 917

The observations above lead us to a tension between acknowledging the existing efforts of VIB people and communities to develop tools and workflows which work for them, but also aiming to lessen this burden on VIB people in the future; to meet the goal of lowering barriers to access for VIB people who have not yet begun their learning journey with a DAW.

An additional factor when considering the use of new, specialist tools within this 923 community is the potential for groups to be siloed or organised around a particular tool or 924 software. Some participants reported the potential social impacts of not having access to a 925 commonly used tool. These inequivalences are particularly stark when a tool is considered 926 'industry standard', affecting employment prospects, or is strongly associated with a 927 particular genre, which could hinder building social connections with people working in 928 the same genre. New tools should consider the importance of compatibility with common 929 tools and workflows, as a means of leveraging shared knowledge and supporting social 930 connections around a particular tool. 931

# 6. Conclusions

This article has combined existing research in the haptic-technology domain with 933 insights provided by VIB sound creatives. These insights reflect our participants' unique 934 lived experiences and should be considered valuable when considering future design 935 avenues in the AMT domain. As researchers and authors, we acknowledge that we 936 work subjectively and reflexively. However, that counter to positivist objections, our 937 subjectivity and reflexivity add richness and depth to our findings. We have both named 938 our participants and quoted them extensively to highlight the relevance and agency of their 939 voices, both individually and collectively. 940

We have identified several access barriers which could be partially or fully overcome through the careful implementation and provision of new haptic prototypes. Whilst these 942 design possibilities present an exciting opportunity for developing new technologies, we 943 urge the community to recognise the importance of the socio-political factors that arose 944 from our thematic analysis. VIB sound creatives often self-organise into internationally 945 supported online communities that emphasise inclusive practice and invest significant time 946 and effort into producing free, open-source access strategies. Preserving these values of 947 inclusivity and availability, as well as the existing collection of accessible VIB workflows, 948 should be at the heart of any design proposals moving forward. 949

# 7. Author Statements of Positionality

Jacob Harrison is a middle-class, thirty-one-year-old white British male who identifies as non-disabled. His background is in academic research focusing on accessibility in music making and how the design of new technologies can impact disabled people's access to music, whether positively or negatively. He also uses DAWs as a recording studio Session Leader with learning-disabled young people in his freelance work.

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James Cunningham is a Christian, visually impaired, white, twenty-five-year-old male from Northern Ireland. He is an experienced composer and improviser. At the time of this paper's publication, he is studying for a PhD at Queen's University Belfast, combining his artistic practice with an exploration of accessible music technology.

Alex Lucas is a middle-class, forty-year-old, white English male who identifies as 960 non-disabled. Alex has a background in product design in the music-technology industry. 961 His primary role was the design of user interfaces on hardware synthesisers. His academic 962 research focuses on accessibility and inclusion in music-making practices. Several years ago, 963 this author worked as a part-time support worker for Mencap's children's services. This 964 experience of working with a diverse range of children shaped Alex's view on disability, 965 seeing it as highly situated and unique to the individual. Alex also spent some time as 966 a sound technician working with the now-disbanded Surrey Heath Talking Newspaper 967 for the Blind, recording local news items to be distributed by audio cassette tape. The 968 latter experience helped Alex to appreciate that some cultural forms are unavailable to VIB people and that solutions to such barriers sometimes involve antiquated technology. 970

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 Languages at Queen's University Belfast gave ethical approval to this study on the 15th of December
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 2021
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**Informed Consent Statement:** Informed consent was obtained from all subjects involved in the study.

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